



BE FIFTY-ONE

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A two-colored stripe-/rib pattern decorates these socks. Mix your colors. Hipp, hipp, hooray!

These socks are knitted cuff down with a heel flap and gusset. The pattern offers instruction to work both techniques: on a circular needle (Magic Loop) or with DPNs.

Grab your knitting needles and two solid sock yarns. I recommend sock yarn from Regia. Regia celebrates their 75th Birthday this year. Did you already know that?

If you like you can of course knit the socks with more than two colors...or i.e. with a solid and a colorful speckled yarn.

Get inspired by your creativity.

Abbreviations on page 7.

Sizes: 36/37 (38/39, 40/41, 42/43) 44/45, 46/47 [US: 5/5,5 (6/7, 7,5/8,5, 9/10) 10,5/11,5, 12/13]

Gauge: 32 M x 46 Rd in stockinette stitch after washing.

Materials:

Yarn:

Color A: 100g Regia Premium „Pure“ (100% Merino; 400 Meter/100 Gramm) in color “00071”

Color B: 100g Regia Premium „Pure“ (100% Merino; 400 Meter/100 Gramm) in color “00002”

Needles: DPNs in size 2,5 mm (US 1) or circular 60-80cm (24-32”).

Notions: 1-3 Marker; tapestry needle.

One word ahead on sizing

The socks are described for 60, 64, 68 and 72 stitches.

If you always knit your socks i.e. for size 40 (7,5) with 60 stitches, just follow the instructions for 60 stitches circumference and follow the foot length for size 40/41 (7,5/8,5). Whenever needed, the pattern gives you the stitch count and the size.

All given sizes and stitch counts are a recipe. Feel free to re-combine the pattern to fit your personal preferences.



Pattern

Cuff

With yarn in color A DPNs or circular needle CO 60 (60, 64, 64) 68, 72 sts using a stretchy cast-on method such as the German twisted cast-on or the Norwegian cast-on. Divide the sts evenly on your needles. Join to knit in the Rd but avoid twisting the sts. PM for beg of Rd.

Magic Loop: N 1: 30 (30, 32, 32) 34, 36 sts.
N 2: 30 (30, 32, 32) 34, 36 sts.

DPNs: N 1, N2, N3, N4 each: 15 (15, 16, 16) 17, 18 sts

1-Rd-rep: *K1, p1; rep from * in Rds. Work 15 Rds.



Leg

End of Rd is on one side of the sock, the numbering of the needles is there for different in the beginning. It changes after working the heel turn.


Set-up Rd: K all sts.


Next Rd: Follow the chart “Be Fifty-One”. Change colors as given in the chart. Do not cut the yarns in between until asked for it. You can simply carry the yarn up the inside of the sock. Rep sts 1-4 of chart in the Rd, work Rds 1-14 a total of 4 times. Then work Rds 1-10 again. Now cut color B.


If you like a shorter leg, just stop earlier. If you like a longer leg, add more Rds. **Attention, this will require more yarn than given in the pattern.**


Chart „Be Fifty-One“

				14
		●		13
				12
		●		11
				10
		●		9
				8
		●		7
				6
		●		5
				4
		●		3
				2
		●		1
4	3	2	1	

 = Color A

 = Color B

 = k

 = p



Heel flap

The heel flap is worked in rows using yarn in color A.
After turning the heel, the beg of Rd will move to the middle of the heel.

Magic Loop: The heel flap will be worked over the backside sts (N 2).

DPNs: The heel flap will be worked with sts from N 3 and 4. Transfer them onto one needle.

Both methods:

Set-up R (RS-R) (when working with DPNs, knit sts of N4 using N3, so the complete heel flap sts sit on one needle):

Work the heel with color A.

① **RS-R:** Work 30 (30, 32, 32) 34, 36 sts in rib pattern as est.

② **WS-R:** P 30 (30, 32, 32) 34 sts.

Work Rs ① and ② a total of 14 (14, 15, 15) 16, 17 times.

[Heel flap total Rs: 28 (28, 30, 30) 32, 34 Rs]

Alternative: If you prefer picking up sts for the gusset from a garter selvedge, you can knit the first and last 1 or 2 sts of every R. Doing so, you will get a garter selvedge.

Some find it easier to pick up sts for the gusset from a garter selvedge.

**Heel turn**

For the heel turn you will work the heel flap sts in short Rs.

① **RS-R:** K 18 (18, 19, 19) 21, 22 sts, skp, k 1, turn work.

② **WS-R:** S1 pw wyif, p 7 (7, 7, 7) 9, 9 sts, p2tog, p1, turn work.

③ **RS-R:** S1 kw wyib, k to 1 st bef the gap from previous R, skp (1 st bef and 1 st behind the gap), k1, turn work.

④ **WS-R:** S1 pw wyif, p to 1 st bef the gap from previous R, p2tog (1 st bef and 1 st behind the gap), p1, turn work.

Only 60 sts and 72 sts:

Work Rs ③ and ④ a total of 4 (4, -, -) -, 5 times.

Next RS-R: S1 kw wyib, k to 1 st bef gap, skp, turn work.

Next WS-R: S1 pw wyif, p to 1 st bef gap, p2tog.
18 (18, -, -) -, 22 sts remain. Stop after a WS-R.

Only 64 sts and 68 sts:

Work Rs ③ and ④ until all sts are worked and – (-, 20, 20) 22, - sts remain. Stop after a WS-R.

Gusset

You will pick up sts from the heel flap selvedge and start working in Rds again. From now on sole stitches will be worked in Stockinette stitch. Pattern on top of foot will be worked as est. Make sure to check the Rd you stopped for the heel flap and carry the unused yarn up on the inside.

Attention! The beg of Rd and there for the color changes are located under the foot, in the middle of your sole sts.

Magic Loop Set-up-Rd:

N1 (Sole): K 9 (9, 10, 10) 11,11, **PM for new beg of Rd**, k 9 (9, 10, 10) 11, 11, from left heel flap selvedge pick up and knit 15 (15, 16, 16) 17, 18 sts, PM optional.

N2 (Front): Work pattern as est. When reaching the right heel flap selvedge PM, pick up and knit 15 (15, 16, 16) 17, 18 sts, k to end of Rd. **End of Rd: Middle of N1**

Place sts on needles as follows.

New N 1 (Sole): 33 (33, 36, 36) 39, 40 sts.

New N 2: 45 (45, 48, 48) 51, 54 sts.

Total: 78 (78, 84, 84) 90, 94 sts.

Alternative: On first half of needle (N1) place picked up sts from left heel flap selvedge and front sts, PM between picked up sts and front sts. On second half of needle (N2) place picked up sts from right selvedge plus sole sts. You might want to separate the picked up sts from sole sts by a marker. Leave M for beg of Rd on its place.

DPNs Set-up-Rd:

New N 4: K 9 (9, 10, 10) 11, 11 sts, new end of Rd.

New N 1: K 9 (9, 10, 10) 11, 11 sts, using the same needle, pick up and knit from the left selvedge 15 (15, 16, 16) 17, 18 sts.

New N 2 and N 3: Work sts as est.

N 4: Use fifth needle to pick up and knit from right selvedge 15 (15, 16, 16) 17, 18 sts, k 9 (9, 10, 10) 11, 11 sts, end of Rd.

Divide sts on needles as follows:

N 1: 24 (24, 26, 26) 28, 29 sts.

N 2: 15 (15, 16, 16) 17, 18 sts.

N 3: 15 (15, 16, 16) 17, 18 sts,

N 4: 24 (24, 26, 26) 28, 29 sts.

Total: 78 (78, 84, 84) 90, 94 sts.

Working the gusset

① **Rd:** Work sts as est.

② **Dec-Rd Magic Loop:** **N1:** K to 3 sts bef end of needle or marker, k2tog, k1.

N2: Work front sts as est to marker, SM, k1, skp, k to end of Rd.

② **Dec-Rd DPNs:** **N 1:** K to last 3 sts, k2tog, k1.

N 2 and N3: Work sts as est.

N 4: K1, skp, k to end of Rd.

Work Rds ① and ② following your method (magic loop or DPNs) a total of 9 (9, 10, 10) 11, 11 times.

[Stitch count total: 60 (60, 64, 64) 68, 72 sts]

Following the **Magic Loop** method, you may now rearrange the sts as follows:

N 1 (Sole): 30 (30, 32, 32) 34, 36 sts

N 2 (Front): 30 (30, 32, 32) 34, 36 sts

Remove markers except marker for beg of Rd (Middle of N1).

Foot

1-Rd-rep Magic Loop: K sts on N1, work sts on N2 as est.

1-Rd-rep DPNs: N 1: K all sts, N 2 + N 3 work in pattern as est, N 4: k all sts.

Work in Rds until foot length meas 18,5 (20, 21, 22) 23, 24 cm [7,25" (7,75", 8,25", 8,5") 9", 9,5"].
Cut yarn in color B.

Toe - Magic Loop

Attention! End of Rd is located in the middle of N1.

Dec-Rd Magic Loop work with color A:

N1: Starting from beg or Rd k to last 3 sts on N 1 (sole sts), k2tog, k1 – End of N 1

N2: K1, skp, k across front sts to last 3 sts on N 2 (front sts), k2tog, k1, - End of N 2

N1: K1, skp, k to end of Rd.

Next Rd: K around.

Work last 2 Rds a total of 7 (7, 8, 8) 8, 9 times.
[Stitch count total: 32 (32, 32, 32) 36, 36 sts]

In the following Rds work **Dec-Rd Magic Loop** in every Rd for another 6 (6, 6, 6) 7, 7 times. Cut yarn and pull through rem 8 sts, pull tight. If you like you can alternative graft the sts together.

Work second sock.

Toe – DPNs

Dec-Rd DPNs:

N1: K to last 3 sts on N 1, k2tog, k1

N2: K1, skp, k to end of N2

N3: K to last 3 sts, k2tog, k1.

N4: K1, skp, k to end of Rd.

Next Rd: K around.

Work last 2 Rds a total of 7 (7, 8, 8) 8, 9 times.
[Stitch count total: 32 (32, 32, 32) 36, 36 sts]

In the following Rds work **Dec-Rd DPNs** in every Rd for another 6 (6, 6, 6) 7, 7 times.

Cut yarn and pull through rem 8 sts, pull tight and secure. If you like you can alternative graft the sts together.

Work second sock.

Finishing

Weave in all ends. Soak in warm water, press gently between towels and block on sock blockers or pinned to an appropriate surface. Let dry completely.





ABBREVIATIONS

COMMON ABBREVIATIONS

bef	before	PM	place marker
beg	begin	R(s)	row(s)
CO	cast on	Rd(s)	round(s)
Dec	decrease	rep	repeat
DPNs	double pointed needles	RS	right side
est	established	st(s)	stitch(es)
meas	measures	WS	wrong side
N	needle		

KNITTING ABBREVIATIONS

k	knit a st
k2tog	knit 2 sts together (-1 st)
p	purl a st
p2tog	purl 2 sts together (-1 st)
skp	slip st kw, k1, pass slipped st over knitted st (-1 st)
s1 kw wyib	slip 1 st kw, holding the working yarn behind work
s1 pw wyif	slip 1 st pw, holding the working yarn in front of work



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